



## THE NAVAJO NATION

# *Proclamation*

### RECOGNIZING NAVAJO NATION COMMERCIAL TOBACCO-FREE DAY

**WHEREAS**, commercial tobacco products, including cigarettes, e-cigarettes, cigars, and smokeless tobacco, are harmful to people, communities, and environment; and

**WHEREAS**, each year approximately 440,000 people in the United States die from illness related to commercial tobacco use; and

**WHEREAS**, more than 16 million Americans live with a commercial tobacco-related disease such as lung cancer, cardiovascular disease, coronary heart disease; and

**WHEREAS**, discontinuing the use of commercial tobacco can bring forth immediate and long-term health benefits; and

**WHEREAS**, the American Cancer Society hosts the "Great American Smokeout" to raise public awareness and encourage commercial tobacco users to quit using these products on the third Thursday of November; and

**WHEREAS**, "Navajo Nation Commercial Tobacco Free Day" is observed alongside the "Great American Smokeout" to raise awareness about dangers of commercial tobacco products and exposure to secondhand smoke, while educating current commercial tobacco users about the various resources available to assist them in quitting.

**NOW THEREFORE, I, JONATHAN NEZ**, President of the Navajo Nation and **I, MYRON LIZER**, Vice President of the Navajo Nation do hereby proclaim November 21, 2019 as Navajo Nation Tobacco-Free Day.

**ORDERED THIS 21ST DAY OF NOVEMBER, 2019**

A handwritten signature in black ink, appearing to read "Jonathan Nez".

Jonathan Nez, *President*  
THE NAVAJO NATION

A handwritten signature in black ink, appearing to read "Myron Lizer".

Myron Lizer, *Vice President*  
THE NAVAJO NATION